

## Statement of participation

# Marcus Nguyen

has passed the free course including all mandatory tests for:

### Caring for adults

This free 15-hour course explored the role as carer, either paid or unpaid.

**Issue date:** 19 March 2026



Caring  
for Adults

OpenLearn  
Cymru

[www.open.edu/openlearn](https://www.open.edu/openlearn)

This statement does not imply the award of credit points nor the conferment of a University Qualification.  
This statement confirms that this free course and all mandatory tests were passed by the learner.

Please go to the course on OpenLearn for full details:

<https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/caring-adults/content-section-overview>

COURSE CODE: **CYM-CFA-E1**

Caring  
for AdultsOpenLearn  
Cymru

## Caring for adults

<https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/caring-adults/content-section-overview>

### Course summary

Caring for adults is an introductory course for anyone in a caring role, either paid or unpaid. It builds on what you already know to give you a better understanding of your role as a carer. It also supports your own well-being by giving you some ideas and information about looking after yourself and dealing with stress.

### Learning outcomes

By completing this course, the learner should be able to:

- describe the role and responsibilities of carers
- recognise some of the basic concepts that will enable a person-centred approach to care
- identify the different needs of a cared-for person, at different stages of their care
- understand the impact that caring may have upon carers, and how this might be managed
- explain some of the legal responsibilities within the caring role.

### Completed study

The learner has completed the following:

#### Week 1

Introduction and guidance

Good communication

Section 1 quiz (score 100%)

#### Week 2

Mental health awareness

Section 2 quiz (score 100%)

#### Week 3

Palliative and end-of-life care

Section 3 quiz (score 100%)

#### Week 4

Positive risk-taking

Section 4 quiz (score 100%)

#### Week 5

Looking after yourself

Section 5 quiz (score 100%)

#### Week 6

Taking my learning further